



DIVISION OF RESEARCH  
FLORIDA ATLANTIC UNIVERSITY

## VIRTUAL RESEARCH IN ACTION



Since the 1500s, during Ponce de Leon's quest for the Fountain of Youth, people continue to search for a magical source to reverse the aging process. (There is even evidence that this search dates back to Alexander the Great in the 4th century.)

Today, we find countless books, supplements, physical and mental activities that boost age-reversing properties.

Join Michael A. DeDonno, Ph.D., on a historical journey highlighting efforts to maintain a youthful appearance and health, culminating with current trends and research that actually provide a road map to maintain your youth.



# In Search of the Fountain of Youth: Does it Really Exist?

Presented by Michael A. DeDonno, Ph.D.,  
associate professor, department of  
educational leadership and research  
methodology, College of Education

1 – 2 P.M. EST  
THURSDAY, FEB. 10

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